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Communications to the Editor

Synthesis and Pharmacological Characterization of 3-[2-((3a*R*,9b*R*)-*cis*-6-Methoxy-2,3,3a,4,5,9b-hexahydro-1*H*benz[*e*]isoindol-2-yl)ethyl]pyrido-[3',4':4,5]thieno[3,2-*d*]pyrimidine-2,4(1*H*,3*H*)-dione (A-131701): A Uroselective α_{1A} Adrenoceptor Antagonist for the Symptomatic Treatment of Benign Prostatic Hyperplasia¹

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Pharmacological management of benign prostatic hyperplasia (BPH) has most successfully been achieved by administration of α_1 antagonists, which function via relaxation of prostatic smooth muscle. Terazosin² (**2**), doxazosin³ (**3**), and alfuzosin⁴ (**4**), agents currently approved for this indication, were originally developed as antihypertensives, and their ameliorative effects in the treatment of benign prostatic hyperplasia (BPH) were not observed until after their introduction into clinical practice. Consequently, these agents suffer from significant cardiovascular side effects when administered for the BPH indication. Tamsulosin⁵ (**5**), recently approved in Japan, is the first "uroselective" α_1 antagonist developed for the treatment of BPH (Figure 1).

Within the past several years, the heterogeneity of the α_1 receptor has been realized both on a molecular



Figure 1.

and pharmacological level. Three subtypes of the human α_1 receptor have been cloned and expressed: α_{1a} , α_{1b} , and α_{1d} .⁶ In several studies, antagonist blockade of norepinephrine- or phenylephrine-induced contraction of human prostate tissues has been found to correlate with affinity for the α_{1a} subtype.^{7,8} Consequently, an agent which demonstrates selectivity for the α_{1a} subtype may have efficacy in the treatment of BPH with significantly reduced cardiovascular side effects.

Results and Discussion

The title compound was prepared in enantiomerically pure form in nine steps from ethyl 2-methoxyphenylbutyrate. Synthesis of the enantiomerically resolved benz[*e*]isoindole substructure is described in Scheme 1. Base-promoted condensation of the ester **6**⁹ with diethyl oxalate yielded the keto diester 7, which upon treatment with sulfuric acid, followed by hydrogenation, produced the racemic cis-fused anhydride 8. Dehydrative condensation of the anhydride **8** with (*S*)- α -methylbenzylamine yielded a diastereomeric mix of imides, from which the desired 3aR,9bR imide **9** was selectively crystallized. Reduction of the pyrrolidinedione 9 in refluxing 1.0 M BH₃·THF solution, followed by hydrogenolytic removal of the α -methylbenzyl group, yielded the enantiomerically resolved benz[e]isoindole core 10. Alkylation of the secondary amine 10 with chloroaceto-

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Scheme 1^a



^{*a*} Reagents and conditions: (a) KOtBu, diethyl oxalate; (b) (i) H_2SO_4 , (ii) H_2 , Pd; (c) (*S*)-α-methylbenzylamine, refluxing xylene; (d) (i) BH₃·THF, reflux, (ii) H_2 , Pd; (e) (i) chloroacetonitrile, ethyldiisopropylamine, (ii) LiAlH₄.

Scheme 2^a



 a Reagents and conditions: (a) phosgene, triethylamine; (b) (i) **11**, CH₂Cl₂, rt, (ii) KOtBu, THF.

nitrile, followed by LiAlH₄ reduction, gave the primary amine **11**. The heterocyclic substructure was prepared from the known thienopyridine **12**.¹⁰ The amine **12** was reacted with phosgene to yield the isocyanate **13**, which upon condensation with the primary amine **11**, and subsequent *in situ* cyclization, yielded the final product **1** (A-131701) (Scheme 2).

Radioligand binding studies revealed 1 to be a moderately selective agent with sub-nanomolar affinity for the α_{1a} subtype of the α_1 adrenergic receptor. The nomenclature guidelines proposed by Bylund et al.,¹¹ using upper case letters to describe tissue-derived receptors and lower case letters to describe recombinant receptors, have been used throughout. 1 was approximately 32-fold selective for the human α_{1a} binding site vs the human α_{1b} site. Selectivity was observed, as well, over a range of related G-protein-coupled receptors. Selectivity over the α_2 sites ranged from 60to 430-fold; the D₂ site showed moderate affinity at 19.7 nM. Results are summarized in Table 1.

Screening against a large battery of receptors, ion channels, amine uptake sites, and enzymes (data not shown) revealed no sites for which **1** possessed affinity within 3 orders of magnitude relative to the α_{1a} binding site. Radioligand binding assays were performed essentially as described by Knepper et al.¹²

Comparison of **1** to terazosin and tamsulosin, two agents currently used clinically for the treatment of BPH, revealed that **1** showed superior *in vitro* selectivity to these agents. Tamsulosin demonstrated a comparable level of receptor binding selectivity to **1**. The results are summarized in Table 2.

Functional assays for pharmacologically defined α_1 adrenoceptors were used to further characterize **1**. Functional activity was determined using phenylephrine (PE) challenge in dog prostate and rat vas deferens (α_{1A}); rat spleen (α_{1B}); and rat aorta (α_{1D})^{13,14} isolated

Table 1. Radioligand Binding Profile of 1

| receptor ^a | $K_{\rm i}$ (nM) | 95% confididence limits |
|-----------------------|------------------|-------------------------|
| human α_{1a} | 0.220 | 0.091-0.533 |
| human α_{1b} | 6.95 | 6.03 - 8.00 |
| human α_{1d} | 0.97 | 0.825 - 1.13 |
| human α_{2a} | 94.9 | 46.5-194 |
| rat α_{2B} | 13.1 | 6.29 - 27.2 |
| human α_{2c} | 16.6 | 3.82 - 72.2 |
| β_1 | 10 600 | 6770-16700 |
| β_2 | 3 870 | 3010-4980 |
| D ₁ | 717 | 486-1060 |
| D_2 | 19.7 | 5.22 - 74.3 |
| $5-HT_1$ | 3 380 | 2070 - 5520 |
| $5-HT_2$ | 83 | 12.1-563 |

^{*a*} The following radioligands were used: [³H]prazosin for α_1 assays; [³H]rauwolscine for α_2 ; [³H]DHA for β_1 and β_2 ; [³H]SCH-23390 for D₁; [³H]spiroperidol for D₂; [³H]serotonin for 5-HT₁; [³H]ketanserin for 5-HT₂.

Table 2. Radioligand Binding (K_i , nM) Comparison of **1** to Other α_1 Antagonists

| receptor | 1 | terazosin ^a | tamsulosin ^a |
|---------------------|------|------------------------|-------------------------|
| human α_{1a} | 0.22 | 2.0 (1.5, 2.8) | 0.029 (0.022, 0.038) |
| human α_{1b} | 6.90 | 2.68 (2.1, 3.4) | 0.61 (0.23, 1.6) |
| human α_{1d} | 0.97 | 0.85 (0.66, 1.1) | 0.058 (0.036, 0.085) |
| human α_{2a} | 95 | 1500 (740, 3100) | 13.4 (7.9, 23) |
| rat α_{2B} | 13.1 | 7.7 (5, 12) | 6.8 (1.9, 24) |
| human α_{2c} | 16.6 | 78 (33, 190) | 7.9 (2, 32) |

^a 95% Confidence limits indicated in parentheses.

Table 3. *In Vitro* Profile (pA_2) of **1** and Other Adrenergic Antagonists in Functional Screens of α_1 Antagonism

| | 1 | terazosin | tamsulosin |
|------------------|--------------|--------------|---------------|
| α_{1A} | | | |
| dog prostate | 9.0 (±0.15) | 7.44 (±0.24) | 9.54 (±0.17) |
| rat vas deferens | 8.93 (±0.18) | 8.04 (±0.45) | 9.47 (±0.21) |
| α_{1B} | | | |
| rat spleen | 7.89 (±0.22) | 8.60 (±0.46) | 9.69 (±0.44) |
| α_{1D} | | | |
| rat aorta | 9.11 (±0.20) | 8.65 (±0.29) | 10.60 (±0.43) |

tissues. In each of these models, agonist dose–response curves were repeated against increasing concentrations of test agent. Schild analysis was then applied to determine the pA_2 value. In these experiments, **1** showed an 11–13-fold selectivity for the α_{1A} response (vs α_{1B}). Tamsulosin was approximately 1.4-fold selective for the α_{1B} response, and terazosin was 4–14-fold selective for the α_{1B} response. In these isolated tissue models, **1** differentiated from tamsulosin, showing approximately 20-fold greater selectivity for the α_{1A} response. The results are summarized in Table 3.

Compound 1, terazosin, and tamsulosin were examined in two in vivo models: a challenge intraurethral pressure (cIUP) model as a measure of efficacy and the spontaneously hypertensive rat (SHR) model as a measure of selectivity. The cIUP model used aged male anesthetized dogs, in which a pressure transducer was inserted through the urethra to the region of the prostate. Phenylephrine caused a dose-related increase in intraurethral pressure, which was blockable by α_1 antagonists. Dose-response curves were generated at varying antagonist doses. From these data, a pseudo pA₂ value could be generated.¹⁵ A similar strategy was used in the SHR model. Using an ascending iv dose paradigm, and measuring the decrease in blood pressure over a 60 min period, an ED₅₀ value for dose required to produce a 50% decrease in mean arterial pressure relative to mean arterial pressure in normotensive rats was calculated. Pseudo pA_2 values from the IUP model

Table 4. Comparison of Pseudo pA_2 and pED_{50} Values of Antagonists in the IUP and SHR Models

| antagonist | IUP (pseudo pA ₂) | SHR (pED ₅₀) | selectivity ratio |
|------------------------------|--|--|-------------------|
| 1 terazosin tamsulosin | $\begin{array}{c} 8.17 \ (\pm 0.57) \\ 7.02 \ (\pm 0.66) \\ 8.87 \ (\pm 0.46) \end{array}$ | $\begin{array}{c} 5.33 \ (\pm 0.74) \\ 6.64 \ (\pm 0.76) \\ 7.33 \ (\pm 0.30) \end{array}$ | 690 2.4 35 |

and pED_{50} values from the SHR model for **1**, terazosin, and tamsulosin are reported in Table 4. The ratio of the values then offers a relative index of prostate selectivity for these three compounds. The *in vivo* measurements are in good agreement with the *in vitro* selectivities observed in isolated tissue preparations, with **1** being approximately 20-fold more selective than tamsulosin and approximately 2 orders of magnitude more selective than terazosin.

Compound **1** represents a novel structural type exhibiting high affinity and moderate selectivity for the α_{1a} subtype of the α_1 adrenergic receptor. Numerous studies have correlated affinity to this subtype with modulation of prostatic tone in a variety of animal species, including man. These data further corroborate that correlation. In *in vitro* functional models predictive of α_1 subtype specificity and in *in vivo* models predictive of prostatic vs vascular tone, **1** demonstrates a very high degree of uroselectivity, significantly greater than that observed for tamsulosin, the only uroselective α_1 antagonist currently in use clinically for the treatment of BPH. These data suggest that **1** may have clinical utility for the symptomatic treatment of BPH with significantly reduced cardiovascular side effects.

Supporting Information Available: Experimental details (4 pages). Ordering information is given on any current masthead page.

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